

LWC Paddling Gear Checklist for Kayaking Trips

Equipment	Trip Grade			Packed?
	K0/K1	K2	K3/K4	
	Required?	Required?	Required?	✓
Kayak with floatation	Yes	Yes	Yes	
Kayak, 4.5+ m, with rudder/skeg	Optional	Yes	Yes	
Kayak, 5+ m long, with rudder/skeg and full length deck lines	Optional	Optional	Yes	
Hatch covers/lids	Yes	Yes	Yes	
Paddle(s)	Yes	Yes	Yes	
Paddle float	Optional	Yes	Yes	
Break-down, spare paddle (at least 1 per group)	Optional	Yes	Yes	
Bailer or hand-operated pump (attached)	Yes	Yes	Yes	
Foot pump or electric pump (with fully charged battery)	Optional	Optional	Yes	
Sponge	Yes	Yes	Yes	
Tie-up rope (5-6 mm, 8-10 m, floating, secured, accessible)	Optional	Yes	Yes	
Tow rope in bag (floating, secured, accessible on rear deck)	Optional	Yes	Yes	
Whistle (attached to PFD)	Yes	Yes	Yes	
Spray deck/skirt (without holes)	HR	Yes	Yes	
Paddle leash	Yes	Yes	Yes	
Sail	Optional	Optional	Optional	
Kayak trolley	Optional	Optional	Optional	
Cockpit covers for transport	Optional	Optional	Optional	
Map (laminated/in waterproof map holder) on deck	HR	Yes	Yes	
Map showing planned route, landmarks, get-out options	Optional	Yes	Yes	
Compass (attached to PFD or kayak deck)	Optional	Yes	Yes	
GPS device	Optional	Optional	Optional	
Headtorch and spare batteries	Optional	Yes	Yes	
Personal first aid kit (in dry bag)	Yes	Yes	Yes	
Lunch (in dry bag)	Yes	Yes	Yes	
Snacks (in PFD, spray desk or deck bag)	Yes	Yes	Yes	
Spare food for unplanned trip extension	Yes	Yes	Yes	
Water bottle(s) or bladder in PFD (1-2L)	Yes	Yes	Yes	
Additional water supply (total of 3L)	Optional	Optional	Yes	
Vacuum flask/bottle with hot drink*	Optional	Optional	Optional	
Insect repellent*	Optional	Optional	Optional	
Own PLB (club PLB required/group)	Optional	HR	HR	
Mobile phone with emergency nos/tide tables (in dry bag)	Optional	Yes	Yes	
Marine flare/laser flare/strobe light	HR	HR	HR	
Sit mat*	Optional	Optional	Optional	
Emergency bivvy bag (eg SOL bag)	Optional	Yes	Yes	
Small, lightweight tarp for emergency use	HR	Yes	Yes	
Sunscreen	Yes	Yes	Yes	
Toilet paper (in dry bag) and trowel	Yes	Yes	Yes	
Waterproof camera with spare batteries	Optional	Optional	Optional	
Dry bag as accessible deckbag	Optional	Optional	Optional	
Nylon cord (several 2-3 m lengths)	Yes	Yes	Yes	
Duct tape and cable ties	Yes	Yes	Yes	
Repair kit (for fibreglass kayaks)	Optional	Yes	Yes	
Basic tool set: small screwdriver, shifter, pliers	Optional	Optional	Yes	
Spare Dyneema cord to replace broken rudder cables	Optional	Optional	Yes	
Miscellaneous nuts and bolts	Optional	Optional	Yes	
Fishing line	Optional	Optional	Yes	
Sewing kit	Optional	Optional	Yes	
V sheet (1 per group)	Optional	Yes	Yes	
Personal Emergency kit (in PFD in multiple zip-lock bags/dry bag)				
Matches/lighter/flint	Yes	Yes	Yes	
Pocket knife	Yes	Yes	Yes	
Paracetamol or aspirin tablets	Yes	Yes	Yes	
Pencil and notepaper	Yes	Yes	Yes	
Car keys	Yes	Yes	Yes	

Clothing	All Grades	Packed?
	Required?	✓
PFD (AS 4758.1, level 50, with crotch strap for children U12)	Yes	
Thermal top(s)	Yes	
Thermal long-johns and shorts or paddling trousers	Yes	
Lightweight sleeveless wetsuit or Sharkskins*	Optional	
Fleece jacket or windstopper	Yes	
Wetsuit boots or neoprene beach shoes with sturdy sole	Yes	
Sprayjacket or cag	Yes	
Balaclava/beanie	Yes	
Full set of dry clothes in drybag	Yes	
Sun hat (with retainer)	Yes	
Sunglasses (with retainer)	Yes	
Paddling gloves (eg Ansell HyFlex)	Optional	
Pogies	Optional	
Helmet - for rivers with rapids /white water	Yes	
Bathers and towel*	Optional	

HR = Highly Recommended (but not mandatory) for maximising your personal safety.

Trip Grade Descriptions
K0: Open to all members. No previous skills or experience required. Closed or protected water. Usually a basic skills instruction session or social gathering. 5 knots wind or 0 m sea.
K1: For beginners with some paddling experience. Up to 15 km/day on estuaries and lakes or other protected waters. 10 knots wind or 0.5 m sea.
K2: For novices with some skills including assisted rescue, bracing, towing, and entry and exit through small surf. Up to 15 km/day, primarily on estuaries or lakes, occasionally along accessible coastlines for training purposes. 15 knots wind or 1 m sea.
K3: For proficient paddlers. Capable of sustained speeds of 4-6 km/h. Up to 25 km/day along open coastlines. 20 knots wind or 2 m sea.
K4: For advanced paddlers. Ability to self-rescue in all situations. Very reliable rolling, surfing and rescue skills in severe conditions. Up to 40 km/day at speeds above 6 km/h with long open crossing of unlandable stretches.

* Dependent on season, weather and likely trip conditions. **Please check the weather forecast for the destination area just before you leave home.**

LWC Additional Camping Gear Checklist for Kayaking Multiday Trips

Equipment	All Grades	Packed?
	Required?	✓
Tent	Yes	
Tent poles and pegs	Yes	
Groundsheet	Yes	
Sleeping bag (in dry bag)	Yes	
Sleeping bag liner	Yes	
Inflatable pillow	Optional	
Sleeping mat	Yes	
Tarp (1 per group, at least 2 m x 1.5 m)	Yes	
Stove and fuel	Yes	
Food appropriate to the trip (in dry bag)	Yes	
Cooking and eating utensils	Yes	
Mug/cup	Yes	
Pot scourer	Yes	
Dry bag(s) for clothing	Yes	
Litter bag	Yes	
Bags for carrying gear between kayak and camp	Optional	
Additional water (3L/person/day) as required*	Optional	
Day pack (packable)*	Optional	

Clothing	All Grades	Packed?
	Required?	✓
Thermal top and longjohns	Yes	
Shirt	Yes	
Jacket/jumper	Yes	
Additional jacket/jumper*	Yes	
Underwear	Yes	
Long trousers and/or shorts	Yes	
Socks	Yes	
Gloves or mittens	Yes	
Camp shoes	Yes	
Raincoat with hood	Yes	
Waterproof overtrousers	Yes	
Personal toiletries	Yes	
Shoes/boots (adequate for hiking out)	Yes	
Scarf or buff*	Optional	
Scrub gloves*	Optional	
Waterproof overmittens*	Optional	
Gaiters*	Optional	

* Dependent on season, weather and likely trip conditions.

Please check the weather forecast for the destination area just before you leave home.